



# Kay White

Career Coach & Mentor For Ambitious Corporate Career Women

Since 2006, number 1 bestselling Author, Kay White has empowered thousands of corporate career women to negotiate promotions, substantial pay increases, new roles and responsibilities, more flexible working hours, sudden redundancies and manage industry shifts.

Drawing upon the highs and lows of her own 20-year career in international insurance broking – from Secretary to Director – Kay works privately with her clients as well as supporting organisations such as Barclays, CitiBank, The London Stock Exchange, Lloyd’s of London, EY and Willis Towers Watson with their D&I Initiatives.

Endorsed by Dame Inga Beale, the first woman CEO of Lloyd’s of London, Kay’s most recent book *It’s Always Your Move* identifies the 8 Proven Principles of Your Career Success Cycle – 8 hidden rules to “show women how to confidently and strategically navigate the twists and turns of their own unique career journeys” in any economy. Kay’s books are also endorsed by Dr Lois Frankel (*Nice Girls Don’t Get The Corner Office*) and John Assaraf (*The Secret*).

Hosting a weekly podcast “*Show Up; Sparkle & Be Heard At Work*” downloaded over 40,000 times globally, Kay’s also been featured on BBC Radio, Top MBA, Psychologies, GLAMOUR, Authority.

As a sought after Speaker, she’s spoken on numerous stages live & online including WeAreTheCity, Women in Insurance, Great Dames, Women First, UBS, London Women’s Forum and hosts her own events, both live and virtual.

FEATURED BY



theguardian



GLAMOUR

first women

Places&Faces

WeAreTheCity

iTunes

PSYCHOLOGIES

QS TOP EXECUTIVE Guide

QS TOPMBA

## TALKING POINTS

- Executive Presence, Courage & Confidence
- Challenge Your Imposter Syndrome
- Conscious Purposeful Business Growth
- Use Personal Strengths & Growth Agenda
- ID & Access Stakeholders, Sponsors & Network
- Flexible, Influential Communication Style



## BOOKING

Please contact Amanda Forwood at [amanda@kaywhite.com](mailto:amanda@kaywhite.com) or call: 0204 529 2624 +44 204 529 2624

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